

SAFEGUARDING @ IJDS



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JEWISH DAY
SCHOOL



A CHILD-FRIENDLY
SAFEGUARDING
GUIDE

SAFEGUARDING

At IJDS, we want every child to feel safe, happy, respected and cared for.

Sometimes, things happen that make us feel worried, uncomfortable, frightened or confused. Sometimes something may happen to us, and sometimes we might see something happening to someone else.

Safeguarding means helping to keep children safe from harm and making sure they have the help and support they need.

You do not have to deal with a worry on your own.



WHAT IS SAFEGUARDING?

Safeguarding means protecting children from things that could hurt them or make them feel unsafe.

This can include:

- being hurt physically
- being shouted at, threatened or made to feel frightened
- being bullied or picked on
- being treated unkindly or unfairly
- being made to do something you don't want to do
- someone touching you in a way that makes you uncomfortable
- seeing or hearing things that are upsetting
- feeling unsafe at home, at school or somewhere else
- being worried about something happening online
- someone asking you to keep an unsafe or worrying secret
- someone trying to trick, pressure or threaten you
- worrying about the safety of another child



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Sometimes safeguarding is about something very serious. But you don't have to decide whether something is "serious enough" to tell someone.

If something is worrying you, tell a trusted adult.



YOUR FEELINGS MATTER

If something doesn't feel right, listen to that feeling.

You might feel:

- 😟 worried
- 😟 scared
- 😟 sad
- 😟 angry
- 😟 embarrassed
- 😟 confused
- 😞 lonely
- 😞 uncomfortable

You might also feel like you don't know what you are feeling.

That's OK. You can still talk to someone.



YOU CAN ALWAYS TELL SOMEONE

If you are worried about something happening to you or to someone else, tell an adult.

You could talk to:

- your teacher
- your teaching assistant
- your Headteacher
- your Deputy Headteacher
- a member of the safeguarding team
- another member of staff you trust
- your parent or carer
- another trusted adult in your family
- another adult you trust

You don't have to wait until you are at school.
If the first person you tell doesn't help, tell someone else.

Keep telling until someone listens and helps.



CAN I KEEP A SECRET?

There is an important difference between a surprise and a secret.

 A surprise might be something like a birthday present. It is usually kept secret for a short time and is meant to make someone happy.

 An unsafe secret is something someone tells you that makes you feel worried, frightened or uncomfortable.

Someone might say: "Don't tell anyone."

But remember: You should never keep a secret that makes you feel unsafe.



You can always tell a trusted adult.



IT'S OK TO SAY NO

Your body belongs to you.

You have the right to say "No" if someone wants to touch you, hug you, tickle you or do something else that makes you uncomfortable.

You can:

- ✓ **Say NO.**
- ✓ **Move away.**
- ✓ **Tell someone.**

There are times when an adult may need to help you with something for your health, safety or care.

If you are ever unsure about something, tell a trusted adult how you feel.



STAY SAFE ONLINE

The internet can be brilliant.

You can use it to:

-  play games
-  talk to friends
-  listen to music
-  learn things
-  create things

But the internet isn't always safe.



STAY SAFE ONLINE

STOP – THINK – TELL

STOP

If something makes you uncomfortable, stop what you're doing.

THINK

Is this person someone I know and trust? Is this website or message safe?

TELL

Tell a trusted adult if something worries you. Never feel that you will get into trouble for telling an adult about something that happened online.



BULLYING ISN'T OK

At IJDS, we are Ready, Respectful, Safe and Kind.

Bullying can include repeatedly:

- hurting someone
- threatening someone
- calling someone unkind names
- leaving someone out on purpose
- sending nasty messages
- spreading rumours
- making someone feel frightened
- using the internet or technology to upset someone

If you see bullying, don't join in.

You can help the person by telling an adult and by being kind to them.

Remember: Telling isn't "telling tales".
Telling is helping to keep someone safe.



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WHAT HAPPENS WHEN I TELL AN ADULT?

When you tell an adult about something that is worrying you, they will:

Listen.

They will take you seriously.

Help.

They will think about what you need to be safe.

Support you.

They will help you through what happens next.

Sometimes the adult may need to tell another adult who can help keep you safe.

This is not your fault.

**And remember: You have done the right thing
by telling someone.**



WHO CAN I TALK TO?



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SAFEGUARDING@IJDS.CO.UK



MR RADOMSKY
HEADTEACHER
MON - FRI



MRS SINCLAIR
SENDCO
MON, WED, THURS



MRS SLAVIN
DEPUTY HEADTEACHER
MON - FRI



MRS GORDON
ASSISTANT SENDCO
WED - FRI



**ARE YOU FEELING WORRIED
ABOUT YOURSELF OR
SOMEONE ELSE?**

**DO YOU WANT TO TALK TO
SOMEONE WHO CAN HELP?**



IF YOU HAVE ANY WORRIES OR CONCERNS, YOU CAN SPEAK TO ONE OF US.

HOW IS SCHOOL SAFE FOR ME?

All the school staff will do their best to make sure that the building is safe for you to learn and spend time in.

We make sure that everyone visiting has to sign in when they arrive at school.

All school staff will have a blue 'IJDS Staff' lanyard on.

Governors, therapists and ECAs will have a green 'visitors' lanyard on.

Any other visitor will wear a red 'visitor' lanyard.

If you see someone acting suspiciously or trying to gain access to school grounds, you should report this to a teacher.

People that we do not know will never be allowed to spend time with you on your own, and they will not be allowed to walk around school without a member of staff.



IF YOU NEED HELP OUTSIDE OF SCHOOL

If you are worried about your safety and cannot speak to someone at school, you can contact Childline.

Childline: 0800 1111

Childline is free and confidential, and you can talk to them about anything that is worrying you.

You can also visit the Childline website: www.childline.org.uk

If you or someone else is in immediate danger, tell an adult straight away or call 999.



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childline

ONLINE, ON THE PHONE, ANYTIME



YOU'RE NEVER ALONE AT IJDS

You matter.

Your feelings matter.

Your voice matters.

You deserve to feel safe.

There are adults who will listen.

It is never your fault if someone hurts or
worries you.

You can always ask for help.



READY, RESPECTFUL, SAFE, AND KIND

Together, we help make IJDS a safe place for everyone.



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