IJDS LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Spaghetti Beef Bolognaise Vegetarian Bolognaise Peas Various Salads, Coleslaw &/or Cold Vegetables Sandwiches - Cold Meat Sponge Cake / Fruit	Chicken Schnitzels [Vegetarian Schnitzel] Rice Baked Beans Various Salads, Coleslaw &/or Cold Vegetables Sandwiches - Tuna Cookies / Fruit	Beefburger [Vegetarian Burger] Mashed Potato Green Beans Various Salads, Coleslaw &/or Cold Vegetables Sandwiches - Egg Brownies / Fruit	Chicken Drumsticks Roast Potatoes Sweetcorn Various Salads, Coleslaw &/or Cold Vegetables Sandwiches - Cucumber Jelly / Fruit	Viennas Vegetarian Hot Dogs Chips Baby Carrots Various Salads, Coleslaw &/or Cold Vegetables -- Fruit
WEEK 2	Fish Fingers Roast Vegetables Potato Borekas Peas Various Salads; Coleslaw &/or Cold Vegetables Sandwiches - Cold Meat Lemon Drizzle Cake / Fruit	Chicken Shwarma Chips Green Beans Various Salads; Coleslaw &/or Cold Vegetables Sandwiches - Tuna Cookies / Fruit	Shepherd's Pie Roast Potatoes Roasted Vegetables Various Salads; Coleslaw &/or Cold Vegetables Sandwiches - Egg Chocolate Cake / Fruit	Beef Casserole Rice Sweetcorn Various Salads; Coleslaw &/or Cold Vegetables Sandwiches - Cucumber Jelly / Fruit	Vegetarian Nuggets Pitta Bread Chips -- Various Salads; Coleslaw &/or Cold Vegetables -- --
WEEK 3	Baked Potato Pasta Tomato Sauce Tuna Various Salads, Coleslaw &/or Cold Vegetables Sandwiches - Tuna Fruit	Fish Fingers Roasted Vegetables Potato Borekas Carrots Various Salads, Coleslaw &/or Cold Vegetables Sandwiches - Egg Sponge Cake / Fruit	Baked Chicken Rice Baked Beans Various Salads, Coleslaw &/or Cold Vegetables Sandwiches - Cold Meat Fruit	Spaghetti Beef Meatballs Tomato Sauce Carrot Various Salads, Coleslaw &/or Cold Vegetables Sandwiches Jelly / Fruit	Sausage Rolls Chips Sweetcorn Various Salads, Coleslaw &/or Cold Vegetables -- Cookies