



PE and Sport Premium for Primary Schools 2022-2023.

Amount of premium received: £10,313

Specialist PE teachers from Maccabi: £6,630

Participation in tournaments out of school: £620

Swimming Gala: £200.

Swimming lessons for Year 3 at Poolside Manor: £1,500

PE trophy engraving and medals for swimming gala and sports day: £500

Sports Equipment: £863.

Impact on school PE and sport participation

At IJDS, we used the PE and sport premium to secure improvements in the following 5 key indicators.

1. Engagement of all pupils in regular physical activity, for example by:
 - providing targeted activities or support to involve and encourage the least active children
 - encouraging active play during break times and lunchtimes
 - establishing, extending or funding attendance of school sports clubs and activities and holiday clubs, or broadening the variety offered
 - adopting an active mile initiative eg Walk a mile to Israel on Yom Haatzmaut.
 - raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2 - every child should leave primary school able to swim
2. Profile of PE and sport was raised across IJDS as a tool for whole-school improvement, for example by:
 - actively encouraging pupils to take on leadership or volunteer roles that support the delivery of sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
 - embedding physical activity into the school day through encouraging active travel to and from school, active break times and holding active lessons and teaching
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:
 - hiring qualified sports coaches and PE specialists to work alongside teachers to enhance or extend current opportunities offered to pupils. All teachers and TAs observed the PE specialists from Maccabi teaching on a weekly basis and were thus able to learn how to teach sport and PE more effectively.
4. Broader experience of a range of sports and activities offered to all pupils, for example by:
 - introducing a new range of sports and physical activities (such as Israeli dance classes at lunch break) to encourage more pupils to take up sport and physical activities
 - providing more and broadening the variety of extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other sports organisations e.g. netball club, girls' football, boys' football, hiphop, multisports, table tennis, ballet, basketball and gymnastics.

5. Increased participation in competitive sport, for example by:

- organising, coordinating and entering more sport tournaments run by Maccabi which were inter school competitions.
- We held our sports day at Stone X stadium where pupils learnt new skills including high jump, long jump, javelin and shot put. We held competitive races and a variety of all-inclusive, non-competitive events.

Swimming.

- 100% of Year 6 pupils were able to swim competently, confidently and proficiently over a distance of at least 25 metres
- 100% of year 6 pupils use a range of strokes effectively, for example, front crawl, backstroke and breaststroke
- 100% of pupils perform a safe self-rescue in different water-based situation
- We held competitive swimming galas for Years 3,4,5 & 6 pupils
- Year 3 pupils have swimming lessons weekly during the summer term at Poolside Manor