

IJDS LUNCH MENU – AUTUMN TERM – FROM MONDAY 24 OCTOBER 2022

Protein and carbs to be plated

No grapes served at all



No serving at the hatch for KS1

Serving at the hatch for KS2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Pasta Sweetcorn Tuna Tomato Sauce Fresh Fruit KS2 only: Baked Potatoes Roasted Vegetables Chicken/Vegetable Soup Special Diet [JR]: Smoked Salmon	GAN, HACHANA, ALEPH: Rice & Baked Chicken KS2 & BET: Rice & Chicken Drumsticks Chicken/Vegetable Soup PLUS: Baked Beans Cake Special Diet [JR]: Spicy Chicken Drumsticks	Homemade Pizza* Potato Wedges Carrots Alpro Yogurt KS2 only: Chicken/Vegetable Soup Special Diet [JR]: Gluten Free Pizza	Pasta Beef Bolognaise Peas Tomato Sauce Fresh Fruit Slices KS2 only: Chicken/Vegetable Soup	Chips Vegetarian Nuggets Pitta Bread PLUS: Cookies
WEEK 2	Chips Fish Fingers* Baked Beans Fresh Fruit Slices KS2 only: Chicken/Vegetable Soup Special Diet [JR]: Gluten Free Sausages	Rice Tomato Sauce Meatballs* Peas Cake KS2 only: Chicken/Vegetable Soup Special Diet [JR]: Gluten Free Meatballs	Potato Wedges Chicken Nuggets* Corn Fresh Fruit Slices KS2 only: Chicken/Vegetable Soup Special Diet [JR]: Baked Chicken	Pasta Vegetarian Bolognaise Tomato Sauce Carrots Alpro Yogurt KS2 only: Boiled Eggs Chicken/Vegetable Soup	Chips Vegetarian Hot Dog in Bun PLUS: Cookies

All children are offered cucumber slices, lettuce or vegetable slices and also bread slices, every day.