

IJDS LUNCH MENU – AUTUMN TERM 2021

from 02 September 2021

THIS IS A 2 WEEK MENU

Protein and carbs to be plated

No serving at the hatch

No grapes served at all

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU 1	Pasta Tomato Sauce Tuna Fruit Slices	Rice Chicken Nuggets Baked Beans Vanilla Sponge	Pasta Beef Bolognaise Sweetcorn Fruit Slices	Homemade Pizza Potato Wedges Carrots Alpro Yogurt	Pasta Vegetarian Sausages Cucumber Cookie
MENU 2	Chips Fish Fingers Peas Fresh Fruit	Pasta Baked chicken Sweetcorn Cake	Rice Turkey Shwarma Baked Beans Fruit Slices	Pasta Quorn Bolognaise Cauliflower Alpro Yogurt	Chips Vegetarian Nuggets Cucumber Cookie
SPECIAL DIET Vegetarian Menu 1	Vegetarian Sausages	Vegetarian Nuggets	Quorn Vegetarian Sauce	Homemade Pizza	Vegetarian Hot Dog
SPECIAL DIET Vegetarian Menu 2	Vegetarian Strip	Eggs	Vegetarian Strip	Rich Tomato Sauce	Vegetarian Nuggets