

# Maccabi @ IJDS- PPA Termly Overview (Summer)

Week 1	<b>Ball Games</b> Throwing & retrieving	<b>Ball Games</b> Throwing & retrieving	<b>Cricket</b> Bowling technique	<b>Cricket</b> Batting – timing & direction	<b>Tennis</b> Forehand – speed, direction	<b>Tennis</b> Forehand & backhand
Week 2	<b>Ball Games</b> Striking a ball - equipment	<b>Ball Games</b> Striking a ball, using equipment	<b>Cricket</b> Batting technique	<b>Cricket</b> Bowling – line & length	<b>Tennis</b> Backhand – speed, direction	<b>Tennis</b> Serving – speed, direction
Week 3	<b>Ball Games</b> Throwing at targets	<b>Ball Games</b> Throwing at targets	<b>Cricket</b> Batting & bowling	<b>Cricket</b> Fielding – reaction/slips	<b>Tennis</b> Serving & Volleys	<b>Tennis</b> Rally
<b>Week 4</b>	<b>Ball Games</b> Throwing at targets, scoring	<b>Ball Games</b> Throwing at targets, scoring	<b>Cricket</b> Fielding – general skills	<b>Cricket</b> Fielding – outfield	<b>Tennis</b> Rally	<b>Tennis</b> Match Play
	-	-	-	-	4 week assessment	4 week assessment
<b>Week 5</b>	SAQ & reaction	SAQ & reaction	<b>Cricket</b> Small-sided games	<b>Cricket</b> Small-sided games	<b>Tennis</b> Match Play	<b>Tennis</b> Match Play
<b>Week 6</b>	Running & changing direction	Running & changing direction	<b>Cricket</b> Small-sided games	<b>Cricket</b> Small-sided games	<b>Tennis</b> Match Play	<b>Tennis</b> Match Play
	6 week assessment	6 week assessment	6 week assessment	6 week assessment	-	-
<b>Week 7</b>	<b>Roll Games</b> Stopping a moving ball	<b>Roll Games</b> Stopping a moving ball	<b>Athletics</b> Running – sprints	<b>Athletics</b> Running – long distance	<b>Athletics</b> Running – long distance	<b>Athletics</b> Running - sprints
<b>Week 8</b>	<b>Ball Games</b> Throwing for distance	<b>Ball Games</b> Throwing for distance	<b>Athletics</b> Throwing – javelin & shot	<b>Athletics</b> Jumping – long & triple	<b>Athletics</b> Running – sprints	<b>Tennis</b> Running - relays
	-	-	-	-	4 week assessment	4 week assessment
<b>Week 9</b>	<b>Athletics</b> Individual running	<b>Athletics</b> Individual running	<b>Athletics</b> Jumping – long & triple	<b>Athletics</b> Jumping – sprints	<b>Athletics</b> Running – relays	<b>Athletics</b> Running – long distance
<b>Week 10</b>	<b>Athletics</b> Running in teams	<b>Athletics</b> Running in teams	<b>Athletics</b> Relay – baton changes	<b>Athletics</b> Throwing – javelin & shot	<b>Athletics</b> Throwing events	<b>Athletics</b> Jumping events
<b>Week 11</b>	<b>Athletics</b> Jumping	<b>Athletics</b> Jumping	<b>Athletics</b> Running – long distance	<b>Athletics</b> Running - relays	<b>Athletics</b> Jumping events	<b>Athletics</b> Throwing events
<b>Week 12</b>	<b>Games</b> Working in teams	<b>Games</b> Working in teams	<b>Athletics</b> Competition	<b>Athletics</b> Competition	<b>Athletics</b> Competition	<b>Athletics</b> Competition

	End of Term assessment	End of Term assessment	End of Term assessment	End of term assessment	End of term assessment	End of term assessment
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