

PE and Sport Premium for Primary Schools. 2019-2020.

IJDS is committed to PE and sports led by Lady Kestenbaum. Pupils have PE lessons of a high quality run by specialist sports teachers, from Maccabi, covering the National Curriculum as well as helping to train our teachers to ensure full coverage of sports and PE at IJDS.

There is an annual sports day, held at Allianz Park; including track and field events for the whole school, with inter school teams competing for the Sports Day Cup.

Swimming is part of the curriculum and IJDS pupils from Year 2 - Year 6 participate in the IJDS school swimming gala. Gold medal winners go on to represent the school in the Simchat Hamayim Maccabi Inter School Gala.

Other tournaments that IJDS actively participate in are; cricket, 5 a side football, 6 a side football, basketball, and high five netball.

We participate in the Israeli Dance Institute Dance Festival that takes place annually and Israeli dancing is taught to years 1-6 both in lessons and during lunch times. Musical movement is taught in Gan and Hachana.

ECA sports also take place after school including; tennis, gymnastics, netball, playball, multi sports, basketball, ballet and hip hop dance. All are provided by external coaches.

A sports assembly is held in July every year, with a variety of awards in recognition of achievements and sportsmanship.

The impact of the PE premium is that all of our pupils are experiencing a quality PE session, on a variety of sports, at least once a week, using appropriate equipment and able to compete in tournaments requiring an element of skill.

Amount of premium received: £17,700.

PE Equipment: £777.58

Specialist PE teachers from the Elms: £3,960

Dance insets and materials: £230

Transport to dance festival: £300

Attendance of Maccabi sports tournaments: £220

PE trophy engraving: £230

Balance brought forward £11982.42. Pre Covid plans were underway to refurbish the playground which were put on hold until 2021.

Impact on school PE and sport participation.

Profile of PE and sport was raised across IJDS as a tool for whole-school improvement, for example by:

- actively encouraging pupils to take on leadership or volunteer roles that support the delivery of sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through encouraging active travel to and from school, active break times and holding active lessons and teaching

Increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:

- 5 a day proved to be an excellent way to start the day in many classes or be used during the day when pupils needed to move around to encourage learning afterwards.
- hiring qualified sports coaches and PE specialists to work alongside teachers to enhance or extend current opportunities offered to pupils. All teachers and TAs observed the PE specialists from Maccabi teaching on a weekly basis and

were thus able to learn how to teach sport and PE more effectively.

Broader experience of a range of sports and activities offered to all pupils, for example by:

- introducing a new range of sports and physical activities (such as Israeli dance classes at lunch break) to encourage more pupils to take up sport and physical activities
- providing more and broadening the variety of extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other sports organisations eg netball club, ballet, basketball,

Increased participation in competitive sport, for example by:

- organising, coordinating and entering more sport tournaments run by Maccabi which were inter school competitions.

Swimming.

- 100% of Year 6 pupils were able to swim competently, confidently and proficiently over a distance of at least 25 metres
- 100% of year 6 pupils use a range of strokes effectively, for example, front crawl, backstroke and breaststroke
- 100% of pupils perform a safe self-rescue in different water-based situation